

United States Aikido Federation - Western Region

Children's Test Requirements - 10th through 6th Kyu

(Each New Level Includes all Previous Levels)

Rank	Exercises	Katatedori Gyaku Hanmi	Katatedori Ai Hanmi	Kata or Mune- dori	Morote- dori	Ryotedori	Shomenuchi	Yokomen- uchi	Tsuki	Ushiro- waza Ryote- dori	Ushiro- waza Ryokata dori	Belt Color
10- 30 Hours Training	10- Forward/ Backward Ukemi Forward Shikoho	Tachiwaza Ikkyo	Tachiwaza Ikkyo	Tachiwaza Ikkyo								Yellow
10- 30 Hours Training after 10-th Kyu	9- Forward Ukemi Grabbing nag's hand Backward Shikoho	Tachiwaza Uchikaiten Kokyunage	Tachiwaza Shihonage									Yellow PACU STAP 1
10- 30 Hours Training after 9-th Kyu	8- Forward/ Backward Ukemi Continuously	Tachiwaza Sotokaiten Kokyunage Uchikaiten- nage Shihonage				Tachiwaza Tenchinage						Orange PACU STAP 1 " 2
10- 30 Hours Training after 8-th Kyu	7- Ukemi Forward over one partner Backward using wall	Tachiwaza Sotokaiten- nage	Tachiwaza Iriminage			Suwariwaza Kokyuho						Green PACU STAP 1 " 2
10- 30 Hours Training after 7-th Kyu	6- Forward Ukemi over two partners	Tachiwaza Uchikaiten Katagatame Kokyuho		Suwariwaza Ikkyo		Tachiwaza Shihonage	Tachiwaza Iriminage Ikkyo	Tachiwaza Shihonage				Blue PACU STAP 1 " 2 " 3

bswags 8↑

United States Aikido Federation - Western Region

Children's Test Requirements - 5th through 1st Kyu

(Each New Level Includes all Previous Levels)

Rank	Exercises	Katatodori Gyakuhanmi	Katatodori Ai Hanmi	Kata or Munodori	Morotodori	Ryotodori	Shomenuchi	Yokomen- uchi	Tsuki	Ushirowaza Ryotodori	Ushirowaza Ryokata dori	Belt Color
5-th Kyu 30 Hours Training after 6-th Kyu	Forward Ukemi Over 3 1st Part of Jo Suburi	Tachiwaza Sotokaiten Katagatame Hanmi Handachi Shihonage	Tachiwaza Jujinage	Tachiwaza Kokyuho	Tachiwaza Kokyuho	Tachiwaza Kokyuho	Tachiwaza Kokyuho Kotegaeshi	Tachiwaza Ikkyo	Tachiwaza Ikkyo			Purple
4-th Kyu 30 Hours Training after 5-th Kyu	2nd Part of Jo Suburi	Tachiwaza Kokyunage Jujinage	Tachiwaza Sotokaiten- nage	Tachiwaza Nikyo	Tachiwaza Kokyunage	Tachiwaza Kokyunage Shihonage	Tachiwaza Nikyo	Tachiwaza Jujinage	Tachiwaza Iriminage			Red
3-rd Kyu 30 Hours Training after 4-th Kyu	3rd Part of Jo Suburi Ukemi for Jo Throws	Tachiwaza Iriminage Kotegaeshi Nikyo	Tachiwaza Uchikaiten- nage Nikyo	Tachiwaza Sankyo Suwariwaza Nikyo	Tachiwaza Ikkyo Jujinage	Tachiwaza Ikkyo Iriminage Hanmi Handachi Shihonage	Tachiwaza Sankyo Kotegaeshi Suwariwaza Nikyo	Tachiwaza Nikyo Sankyo Iriminage Suwariwaza Ikkyo	Tachiwaza Kotegaeshi	Tachiwaza Kokyunage	Tachiwaza Kokyunage	Brown
2-nd Kyu 30 Hours Training after 3-rd Kyu	4th Part of Jo Suburi Ukemi for Jo Throws	Hanmi Handachi Uchikaiten- nage	Tachiwaza Sankyo	Suwariwaza Sankyo Tachiwaza Yonkyo Katagatame	Tachiwaza Sankyo Nikyo Shihonage	Tachiwaza Sankyo Nikyo Kotegaeshi	Tachiwaza Yonkyo Kaitennage Suwariwaza Sankyo	Tachiwaza Yonkyo Kotegaeshi Suwariwaza Nikyo Sankyo	Tachiwaza Kaitennage Sankyo Sumiotoshi	Tachiwaza Ikkyo Kotegaeshi Jujinage	Tachiwaza Ikkyo	Brown
1-st Kyu 30 Hours Training after 2-nd Kyu	5th Part of Jo Suburi	Hanmi Handachi Sotokaiten- nage Tachiwaza Yonkyo	Tachiwaza Yonkyo	Suwariwaza Yonkyo	Tachiwaza Yonkyo Iriminage Kotegaeshi	Tachiwaza Yonkyo Kokyunage	Tachiwaza Tantodori Sankyo Suwariwaza Iriminage Kotegaeshi Kaitennage Yonkyo	Tachiwaza Gokyo Tantodori Shihonage Suwariwaza Yonkyo	Suwariwaza Ikkyo Kotegaeshi Tachiwaza Tantodori Kotegaeshi	Tachiwaza Shihonage Sankyo	Tachiwaza Kotegaeshi Shihonage	Brown